



**Slaying The Giants
Part 3
Victory Over Temptation**



Victory Over Temptation

1 Corinthians 10:13 (NIV)
¹³ No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.



Connections between appetites and temptations

1. Our natural appetites set us up for temptations.

James 1:13-14 (NKJV)
¹³ Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. ¹⁴ But each one is tempted when he is drawn away by his own desires and enticed.

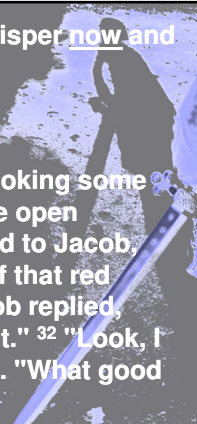
Connections between appetites and temptations

1. Our natural appetites set us up for temptations.
2. Appetites are never fully and finally satisfied.
3. Our appetites always whisper now and never later.



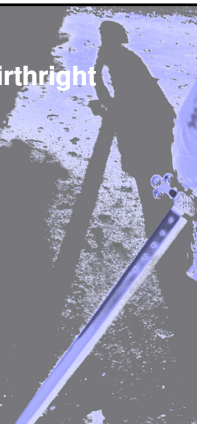
3. Our appetites always whisper now and never later.

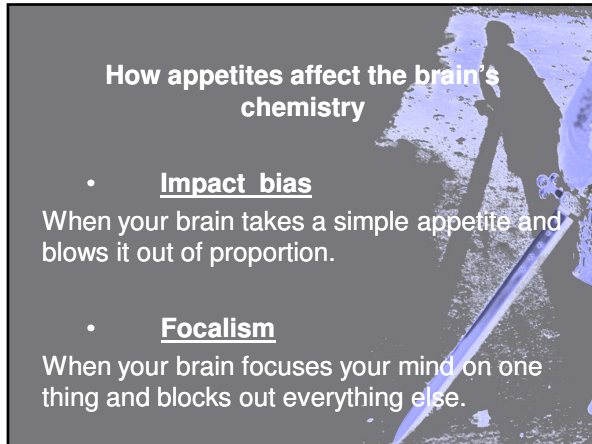
Genesis 25:29-32 (NIV)
²⁹ Once when Jacob was cooking some stew, Esau came in from the open country, famished. ³⁰ He said to Jacob, "Quick, let me have some of that red stew! I'm famished!" ³¹ Jacob replied, "First sell me your birthright." ³² "Look, I am about to die," Esau said. "What good is the birthright to me?"



Significance of the Birthright

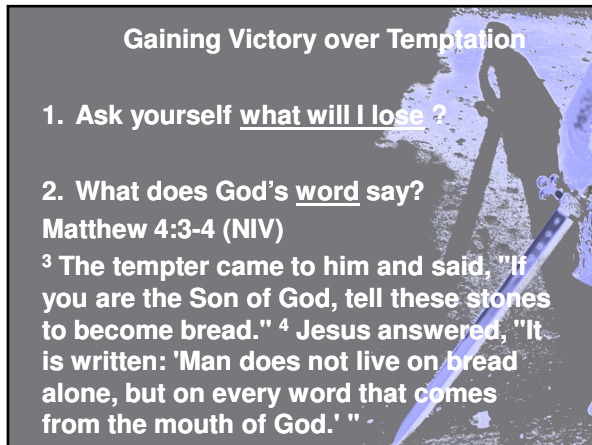
- Financial
- Authority
- God's Blessing





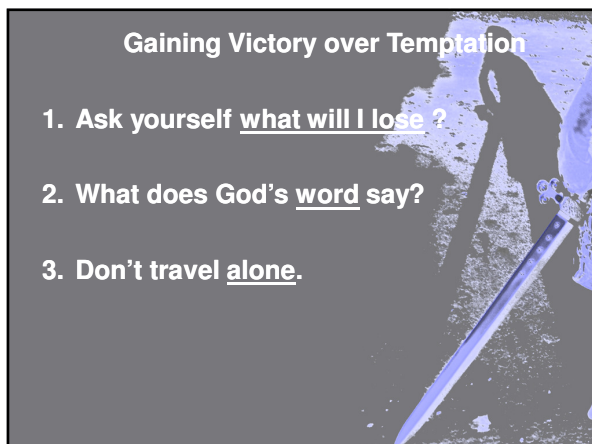
How appetites affect the brain's chemistry

- **Impact bias**
When your brain takes a simple appetite and blows it out of proportion.
- **Focalism**
When your brain focuses your mind on one thing and blocks out everything else.



Gaining Victory over Temptation

1. Ask yourself what will I lose ?
2. What does God's word say?
Matthew 4:3-4 (NIV)
³ The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." ⁴ Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.' "



Gaining Victory over Temptation

1. Ask yourself what will I lose ?
2. What does God's word say?
3. Don't travel alone.

Gaining Victory over Temptation

3. Don't travel alone.

Ecclesiastes 4:12 (NIV)
¹² Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.



Gaining Victory over Temptation

- Are you doing anything that you hope nobody finds out about?
- What temptation is hard to say no to right now?
- What would you lose if you said yes to that temptation?
- What does God's word say about that?
- What way of escape is God providing for you?
- Who can you talk to about your temptations?

