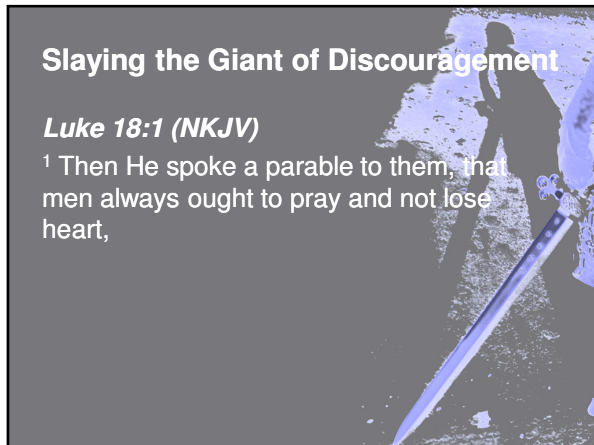


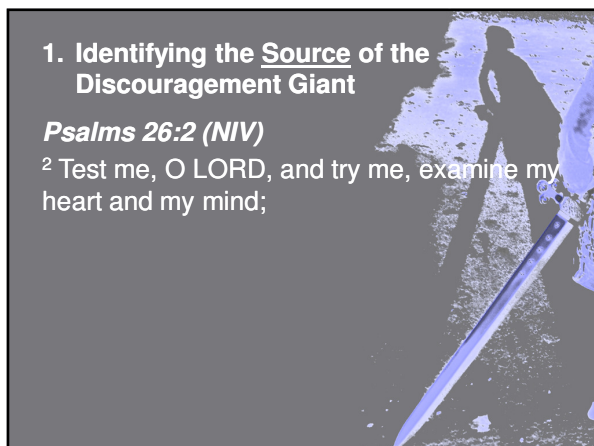


**Slaying The Giants
Part 2
Slaying the Giant of
Discouragement**



Slaying the Giant of Discouragement

Luke 18:1 (NKJV)
¹ Then He spoke a parable to them, that men always ought to pray and not lose heart,



1. Identifying the Source of the Discouragement Giant

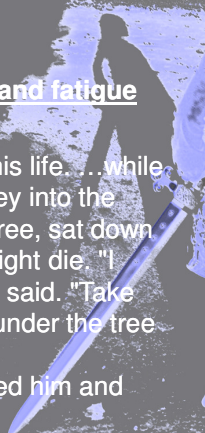
Psalms 26:2 (NIV)
² Test me, O LORD, and try me, examine my heart and my mind;

1. Identifying the Source

- **Negative circumstances and fatigue**
1 Kings 19:3-5 (NIV)

Elijah was afraid and ran for his life. ... while he himself went a day's journey into the desert. He came to a broom tree, sat down under it and prayed that he might die. "I have had enough, LORD," he said. "Take my life;..." Then he lay down under the tree and fell asleep.

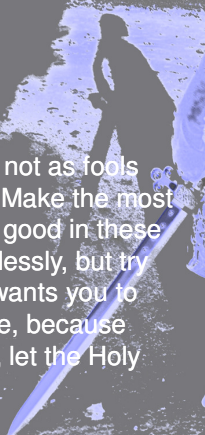
All at once an angel touched him and said, "Get up and eat."



1. Identifying the Source

- **Making poor choices**
Ephesians 5:15-18 (NLT)

¹⁵ So be careful how you live, not as fools but as those who are wise. ¹⁶ Make the most of every opportunity for doing good in these evil days. ¹⁷ Don't act thoughtlessly, but try to understand what the Lord wants you to do. ¹⁸ Don't be drunk with wine, because that will ruin your life. Instead, let the Holy Spirit fill and control you.




1. Identifying the Source

- **Spiritual Warfare**

Ephesians 6:12 (NIV)

¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.



2. Defeating the Discouragement Giants

- Remember the Lord is with you

Psalms 23:4-5 (NIV)
⁴ Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies.



2. Defeating the Discouragement Giants

- Renew your strength through waiting on God

Isaiah 40:31 (NKJV)
³¹ But those who wait on the LORD Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.



2. Defeating the Discouragement Giants

- Worship even when you don't feel like it with all your heart

Habakkuk 3:17-18 (NIV)
¹⁷ Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, ¹⁸ yet I will rejoice in the LORD, I will be joyful in God my Savior.



2. Defeating the Discouragement Giants

- Remember the Lord is with you
- Renew your strength through waiting on God
- Worship even when you don't feel like it with all your heart
- Ask for help



3. Maintain the victory, remember it's a marathon

- The Sabbath principle

Hebrews 4:1 (NIV)
¹ Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.



3. Maintain the victory, remember it's a marathon

- The Sabbath principle
- Maintain the basic disciplines
- Embrace community

1 Corinthians 12:26 (NIV)
²⁶ If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it.

