

**Transformed from the Inside Out Part 5
Transforming Worship**

John 4:23b-24 (NIV)
The true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks. ²⁴ God is spirit, and his worshipers must worship in spirit and in truth."

1. Transforming Worship Releases the Spirit to fill us.

Ephesians 5:18-19 (NLT)
¹⁸ Don't be drunk with wine, because that will ruin your life. Instead, let the Holy Spirit fill and control you. ¹⁹ Then you will sing psalms and hymns and spiritual songs among yourselves, making music to the Lord in your hearts.

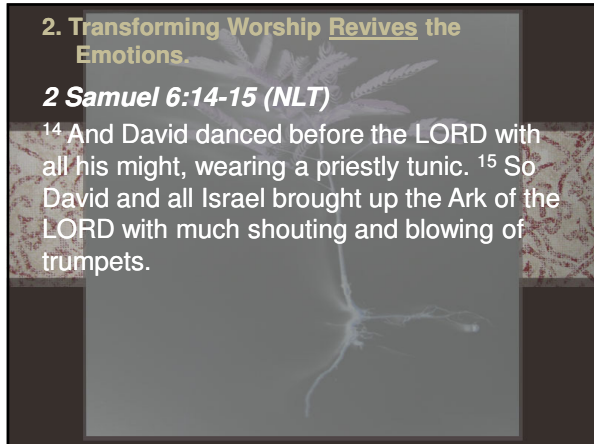
1. Transforming Worship Releases the Word to fill us.

Colossians 3:16 (NIV)
¹⁶ Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and songs with gratitude in your hearts to God.

2. Transforming Worship Revives the Emotions.

2 Samuel 6:14-15 (NLT)

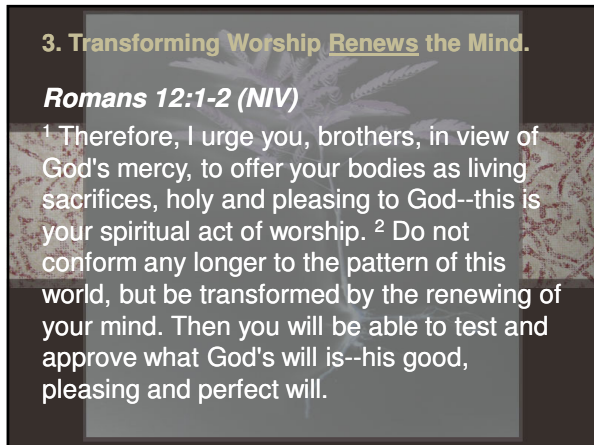
¹⁴ And David danced before the LORD with all his might, wearing a priestly tunic. ¹⁵ So David and all Israel brought up the Ark of the LORD with much shouting and blowing of trumpets.



3. Transforming Worship Renews the Mind.

Romans 12:1-2 (NIV)

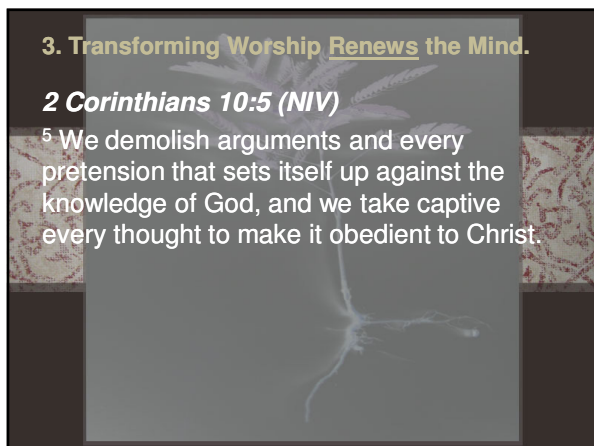
¹ Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship. ² Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.



3. Transforming Worship Renews the Mind.

2 Corinthians 10:5 (NIV)

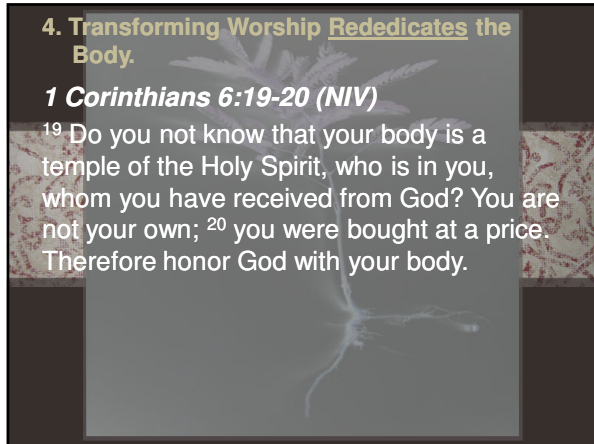
⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.



4. Transforming Worship Rededicates the Body.

1 Corinthians 6:19-20 (NIV)

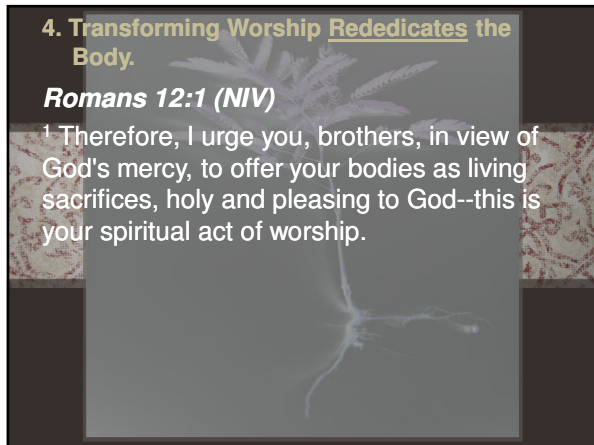
¹⁹ Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your body.



4. Transforming Worship Rededicates the Body.

Romans 12:1 (NIV)

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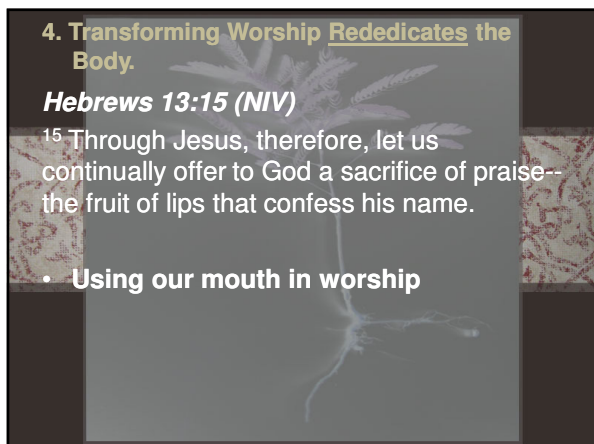


4. Transforming Worship Rededicates the Body.

Hebrews 13:15 (NIV)

¹⁵ Through Jesus, therefore, let us continually offer to God a sacrifice of praise--the fruit of lips that confess his name.

- Using our mouth in worship

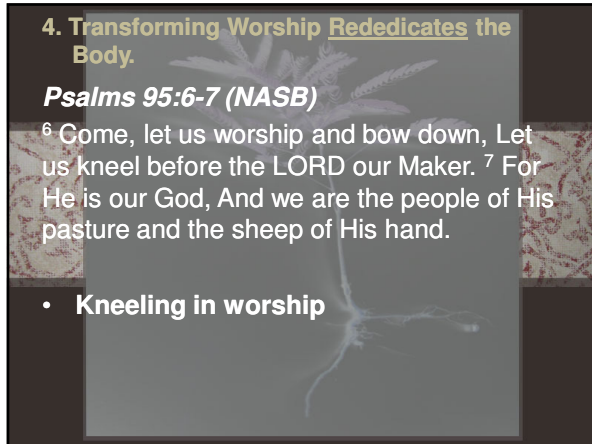


4. Transforming Worship Rededicates the Body.

Psalms 95:6-7 (NASB)

⁶ Come, let us worship and bow down, Let us kneel before the LORD our Maker. ⁷ For He is our God, And we are the people of His pasture and the sheep of His hand.

- **Kneeling in worship**

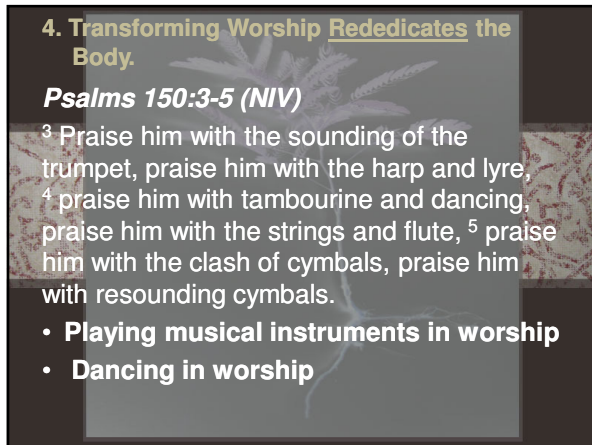


4. Transforming Worship Rededicates the Body.

Psalms 150:3-5 (NIV)

³ Praise him with the sounding of the trumpet, praise him with the harp and lyre, ⁴ praise him with tambourine and dancing, praise him with the strings and flute, ⁵ praise him with the clash of cymbals, praise him with resounding cymbals.

- **Playing musical instruments in worship**
- **Dancing in worship**

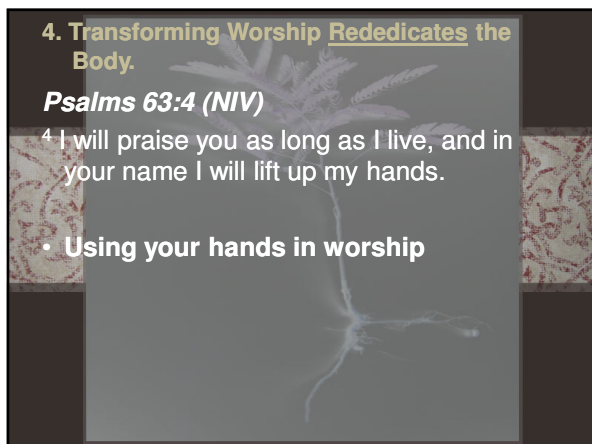


4. Transforming Worship Rededicates the Body.

Psalms 63:4 (NIV)

⁴ I will praise you as long as I live, and in your name I will lift up my hands.

- **Using your hands in worship**



4. Transforming Worship Rededicates the Body.

Psalms 47:1 (NIV)

Clap your hands, all you nations; shout to God with cries of joy.

- The declaration of victory and joy.
- The expression of approval or affirmation.
- The engaging of a powerful instrument of spiritual warfare.
