

**Becoming Authentic Disciples Part 6
Overcoming the Spirit of Fear**

1. Remember how you started your faith journey.

2 Timothy 1:5-6 (NIV)
⁵ I have been reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also. ⁶ For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands.

2. Identify where your fear is coming from.

2 Timothy 1:7 (NKJV)
⁷ For God has not given us a spirit of fear, but of power and of love and of a sound mind.

2 Timothy 1:7 (NIV)
⁷ For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

2. Identify where your fear is coming from.

- Are you afraid of failure?
- Are you afraid people will misunderstand you?
- Are you afraid people will desert you?

2 Timothy 1:15 (NIV)
¹⁵ You know that everyone in the province of Asia has deserted me, including Phygelus and Hermogenes.

2. Identify where your fear is coming from.

- Are you afraid of suffering?

2 Timothy 1:8 (NIV)

⁸ So do not be ashamed to testify about our Lord, or ashamed of me his prisoner. But join with me in suffering for the gospel, by the power of God,

3. Seek more of the Holy Spirit.

Romans 8:15 (NIV)

¹⁵ For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father."

3. Seek more of the Holy Spirit.

Ephesians 5:18 (NLT)

¹⁸ Don't be drunk with wine, because that will ruin your life. Instead, let the Holy Spirit fill and control you.

Philippians 4:13 (NIV)

¹³ I can do everything through him who gives me strength.

3. Seek more of the Holy Spirit.

- I have the power to love everyone.
- I have the power to forgive those who hurt me.
- I have the power to pray for everyone.
- I have the power to encourage others.
- I have the power to not be ashamed of Jesus.
- I have the power to suffer for Jesus.

3. Seek more of the Holy Spirit.

John 16:33 (NLT)

³³ I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

4. Remember who saved you and called you to his purpose.

2 Timothy 1:9-10 (NIV)

⁹ who has saved us and called us to a holy life--not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time, ¹⁰ but it has now been revealed through the appearing of our Savior, Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.

4. Remember who saved you and called you to his purpose.

1 Corinthians 10:13 (NLT)

¹³ But remember that the temptations that come into your life are no different from what others experience. And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give in to it.














